



*September 2024 Events*

**McCracken County Extension Office**

2025 New Holt Rd | Paducah, KY 42001

270-554-9520 | [mccracken.ext@uky.edu](mailto:mccracken.ext@uky.edu)



---

**KENTUCKY**    
**COOPERATIVE EXTENSION**

---

UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES

---



# Adults 18+

## Game Day-Come Play!

**Tuesday & Thursday | September 3rd & 19th | 9am-12pm**

**Board Games, Card Games, Dice Games**

New to games, we'll teach you how to play.

**Meets on the 1st Tuesday and the 3rd Thursday of every month.**

Game Day welcomes all adults ages 18 and above. Whether you're a seasoned gamer or just looking for some friendly competition. Grab your friends and family and bring your gaming spirit!



## Adult Sewing

**Tuesday | September 3rd, 10th, & 24th | 9am-11am**

Whether you're a seasoned pro or just starting, you're welcome to attend. Bring your own project and join us on Tuesdays.



## Toolbox: Hydrangea

**Tuesday | September 3rd | 5pm-6pm**

Mary Dossett, Horticulture Agent, & Savannah Gilbert, Horticulture Assistant, will be educating the public on all things hydrangeas.



## McCracken County

### Beautification Board Meeting

**Wednesday | September 4th | 10am-11:30am**

If you are interested in joining, please feel free to attend our meeting. Our purpose is to promote projects of civic beautification and nature, to make it a cleaner, healthier, safer and more beautiful place in which to live and work.

## Needlework Circle

**Thursday | September 5th & 19th | 10am -12pm**

**Meets on the 1st and 3rd Thursday of every month.**

Looking for a relaxing and creative way to spend your Thursdays. Join us for a fun and friendly session.





## Crochet Alley & Knit Row

Thursday | September 5th & 19th | 1pm-3pm

Meets on the 1st and 3rd Thursday of every month.

Discover the joy of knitting and crochet while socializing with fellow enthusiasts.

## District Board Meeting

Monday | September 9th | 11am-12pm

Meets on the 2nd Monday of every month.

Please join us at our next District Board meeting! The meeting is open to any community members that are interested in making an impact in their community. To attend, please **RSVP** by calling our office at (270) 554-9520; a meal will be provided.

## Paint Fan Dance

Wednesday | September 11th | 1pm-3pm

**EXPRESS YOURSELF!**

**TRY SOMETHING NEW!**

Paint Fan Dance is an expressive story dance/art class taught by artist Lady Van Tiger. Lady encourages people with limited mobility to join the class. Lady will have Art Sessions on the first and third Wednesday of the month. Session titles will change periodically throughout the year.



## Tech Class: Pinterest Basic

Wednesday | September 11th | 10am-11pm

Love Pinterest? Learn about using Pinterest, the popular way to save links and images. If you don't have an account, this class will walk you through setting one up and getting started. Call (270) 554-9520 to sign up for class.



## Arts & Crafts Day

Friday | September 13th | 9:30am

There are two projects planned for this month. Learn how to make a Tissue Paper Lantern (\$3) and/or a 3-Leaf Macrame Wall Hanging (\$5). Call (270) 554-9520 to sign up. Pay at the door. This class is for adults 18 +



## Bags of Love

Tuesday | September 17th | 9:30am-1:30pm

Meets on the 3rd Tuesday of every month.

*It's My Very Own* provides "Bags of Love" to children in our community who are displaced. Join this group as they sew handmade bags to hold contents for children's immediate needs.



## Interracial Women's Group

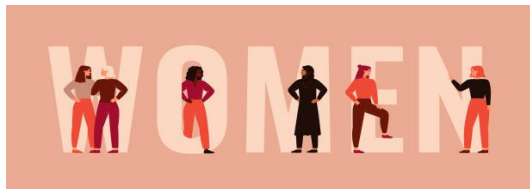
Tuesday | September 17th | 12pm-1pm

### **Mission Statement:**

We are women who dare to cross the lines of color and culture, to be brave and seek a knowledge of one another beyond what is easy and familiar. Our mutual concerns for other women, children, families, religions, schools and all facets of our community, are the bonds which bring us together in love. Through friendship, we seek to overcome racial and cultural prejudices, and to invite others into a community that celebrates diversity.

### **Meeting Information:**

Meetings are held the third Tuesday of each month at noon. Lunch is provided for a \$5.00 donation.



## Scrapbooking

Wednesday | September 18th | 9am-3pm

Meets on the 3rd Wednesday of every month.

Everything you always wanted to know about scrapbooking and paper crafting. Bring your photos, scissors, and your favorite adhesive. If you don't have scissors and adhesive, we will provide. Beginners and advanced scrapbookers welcome!



## Air Sculpt Yoga

Wednesday | September 25th | 1pm-3pm

Spend 30 minutes energizing with "Air Chair Yoga," then get into a "State of Flow" creating an "Air Sculpture." Each student will create their wax sculpture using techniques and materials in a very original, individualistic way. Each "Air Sculpture" will be a simple tabletop sculpture about 5 to 7 inches tall.



GET YOUR TICKET FOR  
**TASTE OF MCCRACKEN**

*Cooking For Scholars*

**September 27, 2024**  
**5:30 p.m. to 7:00 p.m.**

**Cost: \$10.00 per person**  
**Door Prizes, Cookbooks, and Great Food**  
 Deadline to purchase tickets is September 6th  
**McCracken County Extension Office**  
 2025 New Holt Road  
 Paducah, KY 42001

*All proceeds will benefit the Juanita Amonett Scholarship Fund*

**PAINT FOR A CURE**

**KENTUCKY COOPERATIVE EXTENSION**

UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
 KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES

2025 New Holt Rd. Paducah, KY 42001

**SATURDAY, SEPTEMBER 28, 2024**  
**11:00AM-1:00PM**

PLEASE RSVP BY FRIDAY,  
 SEPTEMBER 20  
 (270)554-9520

**COST IS \$40.00**  
**RESERVE YOUR SPOT AND PAY AT THE DOOR!**  
**\*\*LIMITED TO 25 SPOTS\*\***

**Pay the day of event. Cash or check only (Payable to the American Cancer Society)**

- ◇ There will be food, tea, water, and soda.
- ◇ We'll be painting a wooden double-sided door hanger one side will be a scarecrow and the other side a snowman.

## Better Than Ever-Barn Quilting

**Monday | September 30th | 1pm-4pm**

Join Better Than Ever at the McCracken County Extension Office to paint Barn Quilts!

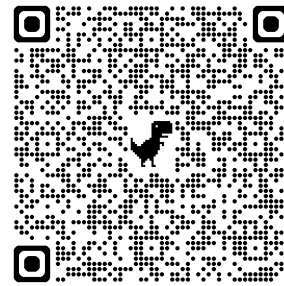
**Registration Deadline is Sept. 27<sup>th</sup>**

No experience necessary. You will have two different choices.

1. 20" x 20" square made of planks of raw pallet wood. (\$45)
2. 12" square made of MDF. Additional pieces of the pattern come with it. (\$25)

**Register and pay directly through Better Than Ever by scanning the UR code or**

**<https://www.betterthaneverhome.com/>**



## Offsite Events

### Laugh and Learn Play Date

**Tuesday | September 24th | 11am-12pm**

Come join us at the **McCracken County Library** for those of you who have children who will be entering kindergarten. This program instructs parents how to teach their children kindergarten readiness skills. This session's theme is "The Farm," offering a delightful opportunity for kids to explore farm life through interactive play and activities.

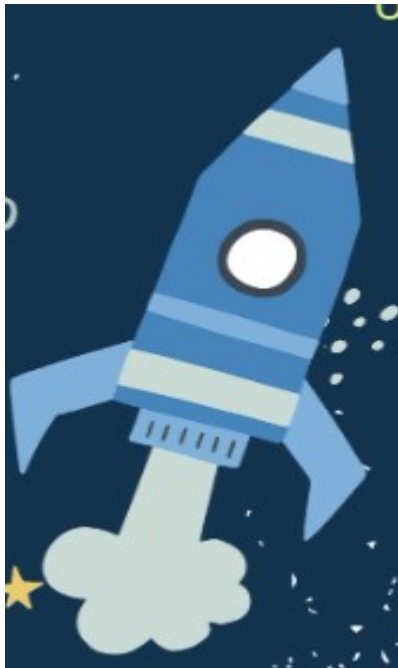


# Youth 9-18

## 4-H Rocket Club: Information Meeting

Tuesday | September 10th | 5pm

Interested in the Rocket Club! Come to this informative meeting and learn about the club and the exciting adventures that they had last year. For more information, please email [rachaelldavis@uky.edu](mailto:rachaelldavis@uky.edu)



## Join the Four Rivers Homeschool 4-H Club

Starting September 16th, our club will meet monthly on the 3rd Monday from 2pm-3pm. Come and explore the seven core curriculum areas of 4-H with us! For more information., please email [lisa.dodson@uky.edu](mailto:lisa.dodson@uky.edu)

A promotional flyer for the Four Rivers Homeschool 4-H Club. The flyer has a green background with a white 4-leaf clover logo at the top right. The text "KENTUCKY COOPERATIVE EXTENSION" is at the top left. The main title "Four Rivers Homeschool 4-H Club" is written in a yellow, cursive font. A circular inset shows two young people sitting on the grass reading books. A white circle contains the text: "MEETINGS 3RD MONDAY OF EACH MONTH 2:00 - 3:30 BEGINNING IN SEPTEMBER". Below this, a list of activities includes: Group Activities, Community Service, SET Programs, Leadership, and Communication. At the bottom right, the contact information for the McCracken County Extension Office is provided: "2025 New Holt Rd Paducah, KY 42001 (270) 554-9520". The footer states "AN EQUAL OPPORTUNITY ORGANIZATION".

## Join the Four Rivers Homeschool 4-H Cloverbud Club!

Starting September 16th, our Cloverbud Club will meet monthly on the 3rd Monday from 2pm to 3pm. This club is perfect for youth ages 5-8 and their parent/guardian. Join us as we explore the world around us through age-appropriate lessons and hands-on activities. For more information, please email [lisa.dodson@uky.edu](mailto:lisa.dodson@uky.edu) or call our office at (270) 554-9520



Stay Connected with 4-H!

Be sure to follow our Facebook page and visit our website at <https://mccracken.ca.uky.edu/> for updates on upcoming clubs, projects, and other exciting 4-H opportunities. Don't miss out on all the fun and learning experiences we have in store!

A promotional flyer for the Four Rivers Home School Cloverbud Club. The flyer has a light blue background with white clouds. At the top left, it says "KENTUCKY COOPERATIVE EXTENSION" with a small 4-leaf clover logo. The main title "FOUR RIVERS HOME SCHOOL CLOVERBUD CLUB" is in bold blue letters, with "ages 5-8" below it. A speech bubble on the left says "Explore the world around us!". A speech bubble on the right says "club meetings - 3rd Monday of each month 2:00 - 3:00". At the bottom, there is an illustration of diverse children of various ethnicities and ages looking at a globe. The contact information "contact Lisa Dodson for more information lisa.dodson@uky.edu" is at the bottom left, and "an equal opportunity organization" is at the bottom right.

We're calling on volunteers to join us in expanding our educational programming!

At MCCE, our mission is to provide valuable learning opportunities to our community, and volunteers play a crucial role in helping us achieve that goal. Whether you have a special skill to share or simply want to give back to your community, we'd love to have you on board.

Most of our classes are provided free of charge and are taught by community members like you. Your expertise and passion can make a real difference in the lives of those we serve.

Interested in joining us? Contact us at (270) 554-9520 to learn more about how you can get involved. Together, we can make a positive impact and empower others through education.



Facebook page:

<https://www.facebook.com/themccrackenextension>



Martin-Gatton  
College of Agriculture,  
Food and Environment

**McCRACKEN**

COOPERATIVE  
**EXTENSION**  
SERVICE

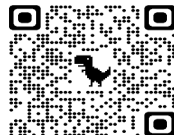


Like us on Facebook

@TheMcCrackenExtension

or visit our website

[mccracken.ca.uky.edu](http://mccracken.ca.uky.edu)



**Cooperative  
Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

**MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT**

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.