



October Events

**McCracken County
Cooperative
Extension
Service**



Programming (Ages 18+)

All programs are free unless otherwise state. Pre-registration can be required for more information go to our website at mccracken.ca.uky.edu



McCracken County Civic Beautification Board

[Wednesday | October 1 | 10:00-11:00 AM](#)

The McCracken County Civic Beautification Board meeting welcomes anyone interested in attending. The board is committed to promoting civic beautification and environmental projects. Its mission is to make McCracken County a cleaner, healthier, safer, and more beautiful place to live and work.

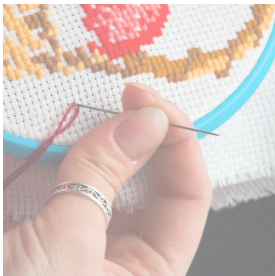


Chair Yoga

[Wednesdays | October 1, 8, 15, 22, 29 | 10:00 - 10:45 AM](#)

Cost: \$3.00

Certified instructor, Suzi Renaud, will lead this class. There is a \$3 fee for each session. Pay at the door. All experience levels welcome including limited mobility. No registration required, just show up!



Needlework Circle

[Thursday | October 2 & 16 | 10:00 AM –12:00 PM](#)

Meets on the 1st and 3rd Thursday of every month.

Looking for a relaxing and creative way to spend your Thursday? Join us for a fun and friendly group, where you can bring your current projects, share ideas, and learn alongside others. This group is open to beginners as well as more experienced Fiber Artists.



Crochet Alley and Knit Row

[Thursday | October 2 & 16 | 1:00-3:00 PM](#)

Meets on the 1st and 3rd Thursday of every month.

Gather your supplies and enthusiasm for crocheting and knitting as you connect with fellow enthusiasts in a fun social setting.



Pathways To Sewing

[Tuesdays | October 7, 14, 28 | 9:00-11:00 AM](#)

This group is for beginners to seasoned pros. We have several experienced volunteers available to help you with your sewing projects. This group does NOT meet on the third Tuesday of the month.

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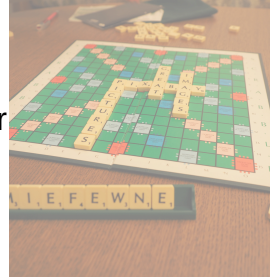
Game Day, Come Play!

Tuesday & Thursday | October 7 & 16 | 9:00 AM -12:00 PM

Board Games, Card Games, Dice Games

New to games? We'll teach you how to play!

Game Day welcomes all adults ages 18 and above. Whether you're a seasoned gamer or just looking for some friendly competition. Grab your friends and family and bring your gaming spirit!



Tech Class- AI Basics

Wednesday | October 8 | 11:00 AM- 12:00 PM

In this class, we'll talk about some possible uses for AI, such as planning, analyzing text or images, and writing. We'll see a demonstration and work together on a document. Call the office to register at 270-554-9520.



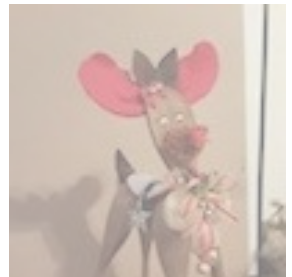
Arts and Crafts: Holiday Decor

Friday | October 10 | 9:30 AM-12:00 PM

A total of 5 projects will be available to choose from. Make one or make them all! Fees will be collected at the door.

Shell Ornament Ball - \$5 Jenga Christmas Tree - \$10

Wood Holy Family - \$10 Reindeer - \$15 Christmas Card Placemat - \$5 (Bring a few old holiday cards if you have them).



Extension District Board Meeting

Monday | October 13 | 11:00 AM-12:00 PM

Meets on the 2nd Monday of every month.

Join us for our next District Board meeting! Open to all community members eager to make an impact. RSVP at (270) 554-9520-meal included.



Master Cattleman Meeting

Tuesday | October 14, 21, 28, November 4 | 5:00 PM

The program includes 7 Sessions covering topics such as management skills, genetics, animal behavior, reproduction, herd health, marketing, forages, and environmental stewardship it does have a \$100 registration fee. Meetings will be held at the Graves County Extension Office, and dinner is provided before each session. Participants must attend all sessions for certification and should RSVP to the Graves County Extension Office at (270) 247-2334.



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Scrapbooking

Wednesday | October 15 | 9:00 AM-3:00 PM

Meets on the 3rd Wednesday of every month.

Everything you always wanted to know about scrapbooking and paper crafting. Bring your photos, scissors, and your favorite adhesive. If you don't have scissors and adhesive, we will provide. Beginners and advanced scrapbookers welcome!



Scrapbooking Crop

| October 17 & 18 | Friday 9:00 AM-10:00 PM Saturday 9:00 AM-5:00 PM

Cost \$60 (one day only is \$25)

Includes lunch and dinner on Friday, Brunch and lunch Saturday. Come scrapbook and paper craft with friends. Call the office for more information about registration at 270-554-9520.

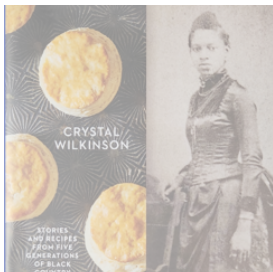


Bags of Love

Tuesday | October 21 | 9:30 AM-1:30 PM

Meets on the 3rd Tuesday of every month

It's My Very Own offers "Bags of Love" to displaced children in our community. Join this group as they create handmade quilts to include in the "Bags of Love".



Big Blue Book Club

Tuesday | October 27 | 12:30- 1:30 PM

Registration opens for the Big Blue Book Club. The first 200 registrants will receive a free copy of "PraiseSong For The Kitchen Ghosts" By Crystal Wilkinson. Meetings to discuss will be held October 27-November 17. To register go to <https://ukfcs.net/bbbcregister11>.



Homemakers Bazaar and Holiday Vendor Fair

Saturday | November 1 | 8:00 AM- 3:00 PM

Explore a variety of local vendors from across the county and get a head start on your holiday shopping.

Youth Programming

All programs are free unless otherwise state. Pre-registration can be required for more information go to our website at mccracken.ca.uky.edu



Art Club

Thursday | October 2 | 5:00-6:00 PM PM

Join us for Art Club! This program is for ages 9-18. This month students will do leaf imprints and pumpkin dipping art. Space is limited so please register by going to mccracken.ca.uky.edu.



Splashin It!

Tuesday | October 7 | 1:00-4:30 PM

Youth ages 9-14 will enjoy a fun afternoon at the McCracken County Extension Office. This partnership with One Heart will provide an activity for youth where they will tie-dye shirts using water balloons, then create Bags of Hope for youth in foster care. Register online at mccracken.ca.uky.edu.



Teen Night (Stress Management)

Tuesday | October 7 | 5:00-7:00 PM

Learn tricks to help manage stress and how to deal with the high demands of high school. To register go online to mccracken.ca.uky.edu



Teen Night (Resumes)

Wednesday | October 8 | 5:00-7:00 PM

Resumes are tough as a highschooler. come get help polishing your resume. It can be used as a county fair project if you want to get some extra cash next summer. Register by going online to mccracken.ca.uky.edu.



Legal Careers

Wednesday 9:00 AM-3:00 PM & Thursday 1:00-4:00 PM | October 8 & 9 |

Attention Youth in grades 6-12th: Have you ever wanted to see what it is like to be in a courtroom as an attorney or a prosecutor? Here is your chance to take part in a Mock Court Trial with 4-H and Assistant Commonwealth Attorney Nick Jones. Brief overview of our day-and-a-half event: - Introduction to court systems - Overview of evidence and witnesses. Register online at mccracken.ca.uky.edu.



Fall Break Photo Contest

email: Rachaelldavis@uky.edu

Have photos from any of the following categories email them to Rachael and include participants, name, age, and category for each photo. Community Service, Patterns/Design, Food Preparation, Competitive Sports, Healthy Foods, Construction, Machinery/Equipment, Forest, Water, Wildlife, Native Plants, Natural Scenic, Urban Scenic, Family.

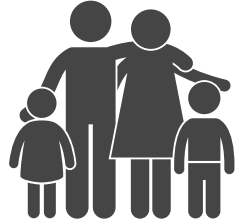
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Family Night

Thursday| October 9| 5:00-7:00 PM

Family night is open to the whole family. Come unplug for a couple of hours together. We will have projects from Lowe's and Home Depot for youth to complete. No registration required.



Forensic Science Day

Friday| October 10| 8:00 AM- 12:00 PM

Youth will learn what it takes to be a police officer and the divisions of the Paducah Police Department. They will close the day with a mock crime scene as they become a Jr. Detective. Register online at mccracken.ca.uky.edu.



Teen Night (Budgeting)

Friday| October 10| 5:00-7:00 PM

Learn about budgeting and time management strategies. Register online at mccracken.ca.uky.edu.



Homeschool Meeting

Monday| October 20| 2:00-3:00 PM

Join us for 4-H Homeschool club this monthly club is open to students aged 9-18. Younger siblings aged 5-8 can go next door to Cloverbuds club! No need to register!



Laugh and Learn (At the McCracken County Library)

Tuesday | October 21 | 11:00 AM- 12:00 PM

Families with children preparing for kindergarten are invited to a fun and educational program at the McCracken County Library. Designed for children ages 3–5 and their parents, this session focuses on building kindergarten readiness skills with a playful theme centered around wind and movement.



Lego Club

Tuesday | October 21 | 4:30-5:30 PM

Join us for Lego Club. This program is for ages 9-14 and free to sign up. Participants will learn collaboration and teamwork while working on a large Lego Project. Call the office to register at 270-554-9520.



mccracken.ca.uky.edu

October

2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1 McCracken Beautification Board Chair Yoga	2 Needlework Crochet & Knit Art Club	3	4
5	6	7 Pathways To Sewing Game Day Splashing It! Teen Night	8 Chair Yoga Tech Class Teen Night	9 Legal Careers Family Night	10 Arts and Crafts Forensic Science Day Teen Night	11
12	13 Extension District Board	14 Pathways To Sewing	15 Chair Yoga Scrapbooking	16 Needlework Crochet & Knit Game Day	17 Scrapbooking Crop	18 Scrapbooking Crop
19	20 4-H Homeschool Meeting	21 Bags of Love Lego Club	22 Chair Yoga	23	24	25
26	27 Big Blue Book Club	28 Pathways To Sewing	29 Chair Yoga	30	31	1 Homemakers Bazaar





McCracken County Extension Service
2025 New Holt Rd.
Paducah, KY 42001



270-554-9520



mccracken.ca.uky.edu



Monday-Friday
8:00 AM-4:30 PM



facebook.com/themccrackenextension

Sign up for our monthly calendar by calling our office today!

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506



Disabilities
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with prior notification.