

McCracken County Extension Office

2025 New Holt Rd | Paducah, KY 42001 270-554-9520 | mccracken.ext@uky.edu







Adults 18+

Adult Sewing

Tuesdays | July 1st, 8th, 22nd, & 29th |

9am-11am

This self led group is great for a seasoned pro or a beginner. Bring your own project and join us on Tuesdays. This group does NOT meet on the third Tuesday of the month.



Game Day, Come Play!

Tuesday & Thursday | July 1st & 17th | 9am-12pm

Board Games, Card Games, Dice Games

New to games? We'll teach you how to play!

Meets on the 1st Tuesday and the 3rd Thursday of every month.

Game Day welcomes all adults ages 18 and above. Whether you're a seasoned gamer or just looking for some friendly competition. Grab your friends and family and bring your gaming spirit!



McCracken County Civic Beautification Board Meeting

Wednesday | July 2nd | 10am-11am

Our purpose is to promote projects of civic beautification and nature, to make McCracken County a cleaner, healthier, safer and more beautiful place in which to live and work. If you are interested in our group or have a home recommendation. Email us at mccbeautification@gmail.com Below pictured is June's house of the month.



Chair Yoga

Wednesdays | July 2nd, 9th, 16th, 23rd, & 30th | 10am-11am

Meets every Wednesday

Cost: \$3.00

Certified instructor, Suzi Renaud, will lead this class. There is a \$3 fee for each session. Pay at the door. All experience levels welcome including limited mobility.



Needlework Circle

Thursday | July 3rd & 17th | 10am -12pm

Meets on the 1st and 3rd Thursday of every month.

Looking for a relaxing and creative way to spend your Thursday? Join us for a fun and friendly group, where you can bring your current projects, share ideas, and learn alongside others.



Crochet Alley & Knit Row

Thursday | July 3rd & 17th | 1pm-3pm

Meets on the 1st and 3rd Thursday of every month.

Gather your supplies and enthusiasm for crocheting and knitting as you connect with fellow enthusiasts in a fun social setting.



Tech Class: Social Media 101

Wednesday | July 9th | 11am-12pm

This beginner-friendly class offers a clear and simple overview of social media for those who want to understand it-without needing to create a log in. Whether you're curios about how platforms work or just want to keep up with conversations around you, this class is a great place to start.



Rooted Woman Herbs

Wednesday | July 9th | 1:30pm-2:30pm

Or

Friday | July 18th 5:30pm-6:30pm

Melissa Kilgore of Rooted Woman Herbs educates communities on the culinary and medicinal applications of herbs, promoting natural wellness through hands-on learning and traditional knowledge.



District Board Meeting

Monday | July 14th | 11am-12pm

Meets on the 2nd Monday of every month.

Join us for our next District Board meeting!

Open to all community members eager to make an impact. RSVP at (270) 554-9520-meal included

Better Than Ever: Dotted Ceramic Platter

Monday | July 14th | 1pm-3:30pm

Paint a summery beach scene on a ceramic plate or platter using the fun dot technique. No experience necessary! We'll have all the tools and patterns you need to be successful. After you paint, I'll take the plates back to my studio to fire in the kiln, then text you in 1-2 weeks to come pick up your pottery. It will be food safe! Dress in paint clothing - the glazes generally do not stain and aprons will be approved.

\$35 Oval Platter (\$35) 12" x 6.5"

\$26 Bubble Plate (\$26) 9" x 8"

\$29 Sassy Square (\$29) 7" x 7"

\$ 27 Metro Coupe Salad Plate (\$27) 8" x 8"

Scan the QR code to register with Better Than Ever.





Bags of Love

Tuesday | July 15th | 9:30am-1:30pm

Meets on the 3rd Tuesday of every month.

It's My Very Own offers "Bags of Love" to displaced children in our community. Join this group as they create handmade quilts to include in the "Bags of Love".



Scrapbooking

Wednesday | July 16th | 9am-3pm

Meets on the 3rd Wednesday of every month.

Everything you always wanted to know about scrapbooking and paper crafting. Bring your photos, scissors, and your favorite adhesive. If you don't have scissors and adhesive, we will provide. Beginners and advanced scrapbookers welcome!





Offsite Events



Join us at Love Shack Farms to learn all about growing berries and brambles. Please dress appropriately for walking. This program is weather dependent. RSVP is required, please call the Extension Office at (270) 554-9520.

July 1st, 2025 Love Shack Farms

Love Shack Farms 697 Upshaw Lane Kevil, KY 42053

MARY DOSSETT, HORTICULTURE AGENT



Youth 9-18



Bring in Your 4-H Fair Entries!

4-H fair projects should be dropped off at the McCracken County Extension Service on July 16 from 8:00 AM – 4:30 PM or July 17 from 8:00 AM – 6:30 PM for judging and display during the McCracken County Fair. Winning entries will advance to represent our county at the Kentucky State Fair in Louisville this August. Don't miss your chance to shine!

For more information, scan the QR code or email lisa.dodson@uky.edu.

1-H PLEDGE

I pledge my **HEAD** to clearer thinking, my **HEART** to greater loyalty, my **HANDS** to larger service, and my **HEALTH** to better living, for my club, my community, my country, and my world.

Martin-Gatton College of Agriculture, Food and Environment

McCRACKEN

COOPERATIVE **EXTENSION** SERVICE



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