



**McCracken County
Cooperative Extension Service
AUGUST EVENTS**



Programming (Ages 18+)

All programs are free unless otherwise state. Pre-registration can be required for more information go to our website at mccracken.ca.uky.edu



Adult Sewing

Tuesdays | August 5, 12, 26 | 9am-11am

This self led group is great for a seasoned pro or a beginner. Bring your own project and join us on Tuesdays. This group does NOT meet on the third Tuesday of the month.



Game Day, Come Play!

Tuesday & Thursday | August 5 & August 21 | 9am-12pm

Board Games, Card Games, Dice Games

New to games? We'll teach you how to play!

Meets on the 1st Tuesday and the 3rd Thursday of every month.

Game Day welcomes all adults ages 18 and above. Whether you're a seasoned gamer or just looking for some friendly competition. Grab your friends and family and bring your gaming spirit!



Drying and Pressing Flowers

Tuesday | August 5 | 5:00-6:00 PM

Join us at the Extension Office to learn all about drying and pressing cut flowers presented by a member of Kentucky's Horticulture Council, Dakota Moore. RSVP By calling the office at (270)554-9520.



Chair Yoga

Wednesdays | August 6, 13, 20, 27 | 10am- 10:45 AM

Cost: \$3.00

Certified instructor, Suzi Renaud, will lead this class. There is a \$3 fee for each session. Pay at the door. All experience levels welcome including limited mobility. No registration required, just show up!

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Needlework Circle

Thursday| August 7 & 21 | 10am –12pm

Meets on the 1st and 3rd Thursday of every month.

Looking for a relaxing and creative way to spend your Thursday? Join us for a fun and friendly group, where you can bring your current projects, share ideas, and learn alongside others. This group is open to beginners as well as more experienced Fiber Artists.



Crochet Alley and Knit Row

Thursday | August 7 & 21 | 1pm-3pm

Meets on the 1st and 3rd Thursday of every month.

Gather your supplies and enthusiasm for crocheting and knitting as you connect with fellow enthusiasts in a fun social setting.



Your Story Your Super Power

Fridays| August 8, 15, 22| 11:00 AM-12:30 PM

This three session workshop is designed to help individuals collect, craft, and create community through stories. Participants will explore the purpose and power of storytelling, learn the ARC method of crafting narratives, and create opportunities to share in a supportive environment.



Tech Class: Selling On Facebook

Wednesday | August 13| 11:00 AM-12:00 PM

This beginner-friendly class will guide participants through the essentials of selling items online. Topics include:

- Popular online marketplaces and other platforms for selling
- The costs associated with online selling
- Common scams to watch out for
- Tips for effectively showcasing items
- Tools and steps needed to start selling online

The class is designed with beginners in mind, offering a slow-paced, supportive environment with plenty of time for questions and discussion.



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Extension District Board Meeting

Monday | August 11 | 11am-12pm

Meets on the 2nd Monday of every month.

Join us for our next District Board meeting! Open to all community members eager to make an impact. **RSVP at (270) 554-9520**-meal included



Bags of Love

Tuesday | August 19 | 9:30 AM-1:30 PM

Meets on the 3rd Tuesday of every month.

It's My Very Own offers "Bags of Love" to displaced children in our community. Join this group as they create handmade quilts to include in the "Bags of Love".



Scrapbooking

Wednesday | August 20 | 9:00 AM-3:00 PM

Meets on the 3rd Wednesday of every month.

Everything you always wanted to know about scrapbooking and paper crafting. Bring your photos, scissors, and your favorite adhesive. If you don't have scissors and adhesive, we will provide. Beginners and advanced scrapbookers welcome!

Youth Programming

All programs are free unless otherwise state. Pre-registration can be required for more information go to our website at mccracken.ca.uky.edu

Laugh and Learn (At the McCracken County Library)

Tuesday | August 19 | 11:00 AM- 12:00 PM

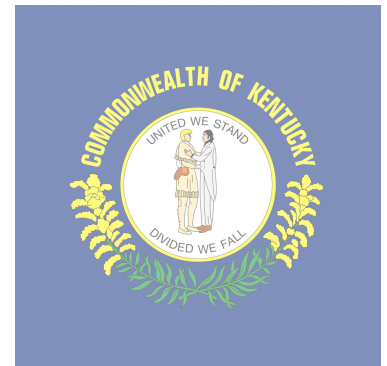
Families with children preparing for kindergarten are invited to a fun and educational program at the McCracken County Library. Designed for children ages 3–5 and their parents, this session focuses on building kindergarten readiness skills with a playful theme centered around apples.



State Fair Dates (in Louisville)

August 14-24

Visitors to the Kentucky State Fair in Louisville are invited to view outstanding exhibits that advanced from the McCracken County Fair. These displays, located at the Kentucky State Fairgrounds, showcase the creativity and talent of local participants.



Join us for school clubs in September

Get ready to discover new adventures and build lifelong skills—4-H School Clubs are starting this September! Join us and be part of a fun, hands-on learning experience right at your school. Reach out to your local 4-H agent for more information about current clubs and how to get involved.



To sign up for our event calendar follow the QR Code to the right!



Early September Save the Dates

All programs are free unless otherwise state. Pre-registration can be required for more information go to our website at mccracken.ca.uky.edu



Lawn Management

Tuesday | September 2 | 5:00- 6:00 PM

This lawn care class will be led by University of Kentucky Turf Specialist, Kenneth Clayton. They will discuss soil sampling, and general maintenance tips. Call the office to RSVP at 270-554-9520.



Pickle This

Wednesday| September 3| 10:00 AM-12:00 PM OR 4:00-6:00 PM

Pickling is big business these days! Vinegar has so many health benefits and is the star of the show in every pickling recipe, whether its canned or quick pickled in the refrigerator. Join us as we discover the easy art of pickling! Register by following the QR Code to the right or go to our website at mccracken.ca.uky.edu.

10:00 AM-
12:00 PM



1:00-
3:00 PM



Disasters: Being Prepared Before and After the Storm

Monday September 8 and Thursday September 11| 5:00-7:00 PM

Join us for 2 nights filled with disaster preparedness! Get ready to protect your home and family with two informative evenings focused on disaster preparedness and prevention.

September 8:

- Introduction to common disasters
- General preparedness tips
- Creating a family emergency plan
- Fire safety and prevention

September 11:

- Post-disaster safety and recovery
- Home, property, and animal re-entry
- Mental health and situational awareness

Bonus: The first 50 people to register will receive a Disaster Preparedness Starter Kit!

Important: You must register separately for each night.

Scan the QR codes to sign up!



September
8



September
11

2025 August



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 Adult Sewing Game Day, Come Play! Drying & Pressing Flowers	6 Chair Yoga	7 Needlework Circle Crochet Alley & Knit Row	8 Your Story, Your Super Power	9
10	11 Extension District Board Meeting	12 Adult Sewing	13 Chair Yoga Tech Class	14	15 Your Story, Your Super Power	16
17	18	19 Bags of Love Laugh & Learn (offsite)	20 Chair Yoga Scrapbooking	21 Game Day, Come Play!	22 Your Story, Your Super Power	23
24	25	26 Adult Sewing	27 Chair Yoga	28	29	30
31	1	2 Lawn Management	3 Pickle This	4	5	6





McCracken County Extension Service
2025 New Holt Rd.
Paducah, KY 42001



270-554-9520



Monday-Friday
8:00 AM-4:30 PM



mccracken.ca.uky.edu



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Call our office today to
signup for our mailing list
to receive this monthly
event calendar!

Cooperative Extension Service

Agriculture and Natural Resources
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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506



Disabilities
accommodated
with prior notification.