No matter how much time you have, volunteering with 4-H makes a difference by helping youth explore and discover the skills they need to lead for a lifetime. There are lots of ways to get involved! To learn more, visit 4-H.org/Volunteer, or contact your local 4-H office listed below.

Please note, your volunteer experience and/or opportunities may be happening virtually or in-person. Contact your local 4-H office listed below for more information.

Help youth lead a club

- Assist a youth club leader with organizing meetings, speakers, and other logistics.
- Assist and/or mentor a 4-H volunteer who is serving as a project leader.

Teach a skill

• Organize a club, or share your skills by teaching a club meeting workshop, devoted to your area of specialty.

Judge projects

 Serve as a judge for 4-H exhibits. competitions or performances, providing encouragement and suggestions for improvement.

Plan or help at an event

 Volunteer at a county/parish special event; from set-up or clean-up to serving food or taking registrations, there are a lot of ways to get involved.

Serve on an advisory board/committee

 Sit on a local advisory or county governing board to help determine program priorities.

Help with a specific 4-H project

 Advise a 4-H member in their project work: help youth identify and set goals, create and implement a plan, and reflect on what they learned and would do differently next time.

Assist with program delivery

• Volunteer at an after school program, a summer program, camp program event or club meeting.

Volunteer on a fair organizing committee

- Volunteer at a local fair be inspired by the talents and creativity of the next generation while promoting the country's largest positive youth developmen organization!
- Work in the food booth or help in the 4-H exhibit hall or at the 4-H show ring.

Utilize your professional skills

- Share your technical skills and knowledge to develop subject matter for curriculum/project sheets.
- Utilize your professional skills to assist with with creating marketing tools, graphic art, word documents, webpages, videos, online training modules, etc.
- Intern at your local Extension office with the 4-H program, a great resume builder.

Share your experiences

- Share your hobby/passion inspire a young person as a guest speaker or short-term instructor.
- Share your career path invite a 4-H'er to shadow you for the day.
- Share your educational path/give a testimonial - how did you get to where you are? (If you are a college student - how did you choose your school, what are you pursuing, what are you aspiring to do?)

Provided by:

Program Leaders Working Group, 4-H Volunteerism Committee

4-H Contact		Office Address	
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